

## Menu one

<b>Day</b>	<b>Breakfast</b>	<b>Snack</b>	<b>Lunch</b>	<b>Snack.</b>	<b>Dinner</b>
<b>Monday</b>	Ham and cheese omelette. Cereals. Toast. Fruit.	Mixed Fruit.	Hot dog. Jelly. Crisps.	Bread Sticks.	Homecooked pizzas. Carrot sticks and cucumber.
<b>Tuesday</b>	Crumpets. Toast. Cereals. Fruit.	Mixed Fruit.	Omelette. Yogurt. Crisps.	Cheese Biscuit.	Spaghetti Bolognese With garlic bread and veggies.
<b>Wednesday</b>	Pancakes. Toast. Cereals. Fruit.	Mixed Fruit.	Cheese pasta. Jelly. Crisps.	Rice Cakes.	Sausage, mash and beans.
<b>Thursday</b>	Sausage and egg. Toast. Cereals. Fruit.	Mixed Fruit.	Beans on toast. Yogurt. Crisps.	Carrot Sticks and cucumber.	Fish fingers. Mash. Peas.
<b>Friday</b>	Scrambled egg. Toast. Cereal. Fruit.	Mixed Fruit.	Sandwich. Jelly. Crisps.	Breadsticks.	Chicken nuggets. Waffles. Salad.